**Barbara J. File Professional Bio**

As a DreamBuilder Coach, certified by Brave Thinking Institute, Barbara J. File can help you create a life you love or a successful, abundant business you would enjoy. Barbara specializes in helping individuals and businesses transform their dream lives or companies increase results, and create richer, more fulfilling lives and businesses. Barbara inspires and empowers people to live their highest vision in the context of love and joy.

Barbara’s passion is teaching clients to unlock their true potential, achieve outrageous success, and live a life they LOVE living! With over thirty years of experience in various roles, including banker, real estate broker, and financial advisor, Barbara has a wealth of knowledge to share. Her diverse background equips her to assist individuals and businesses in many ways, and she has a proven track record of helping small to large corporations exceed their expectations.

She was also a caregiver to her second husband, who was diagnosed with early-onset Dementia and Alzheimer’s disease. She is well-versed in the sensitivities and circumstances involved in how to cope during, after, and what to do next. She wrote a memoir called Free Fall by Felicity Jean, her pseudonym, about the journey with her husband to bring awareness to the disease.

Barbara teaches transformational success principles. As a sought-after speaker, trainer, and certified life coach, Barbara’s workshops and coaching programs help people overcome limitations and achieve greater results than they’ve ever known – helping them transform their lives and close the gap between the life they were living and a life they absolutely LOVE living.

Barbara offers content-rich, interactive workshops that takes participants on a journey in which they design, define, test, and experience a crystal-clear vision of the life they would love – a life that is in alignment with their highest purpose. They will have a unique opportunity to “step into” the life they are imagining and feel a resounding “yes!”